



# Mount Rainier Martial Arts Center

3804 34th Street Mt. Rainier, MD 20712  
[www.wushentao.com](http://www.wushentao.com)

## Fall 2007 Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>Open Martial Arts</i> 12-1pm , 1-2pm	<i>Open Martial Arts</i> 12-1pm, 1-2pm		<i>Open Martial Arts</i> 12-1pm, 1-2pm		<i>Adult Tai Chi</i> 8:30-10:am
	<i>Family Classes</i> 6:30-8pm	<i>Children's Classes</i> 3:30-4:30 4:30-5:30	<i>Children's Classes</i> 3:30-4:30 pm	<i>Children's Classes</i> 3:30-4:30pm 4:30-5:30pm 5:30-6:30pm	<i>Children's Classes</i> 3:30-4:30pm 4:30-5:30pm 5:30-6:30pm	<i>Eskrima Class</i> 10:am-11:30am
	<i>Adult Shaolin</i> 8-9pm	<i>Family Class</i> 6:30-8pm	<i>TaiChi Class</i> 6:-7pm  <i>Adult Shaolin</i> 7-8pm	<i>Family Class</i> 6:30-8pm	<i>Tai Chi Class</i> 6:30-7:30pm	<i>Adult Shaolin</i> 1pm -2pm  <i>Family Class</i> 2pm—3pm
		<i>Adult Eskrima</i> 8-9:30pm	<i>Open Adult Class</i> 8-9:30pm	<i>Open Adult Class</i> 8-9:30pm	<i>Family Class</i> 7:30-8:30pm	

We reserve the right to cancel classes due to Holidays, Closure by the County for inclement weather, Tournaments, or advertised Special Events. Call 301 270-0665 for questions and latest updates.